## 'Assisting others through an Emotional Crisis'

## Mental Health Health

## EMOTIONAL CPR 20 & 21 Sept 2017

PLUS Perth are pleased to announce that Daniel B. Fisher, M.D., Ph.D., will lead a 2-day emotional cpr workshop at St Marys Monastery, Perth on Wed 20 and Thur 21 Sept. This training has been made possible through funding from local Trusts and Foundations.

EMOTIONAL CPR IS AN ACCREDITED COURSE WHICH TEACHES PEOPLE TO ASSIST OTHERS THROUGH EMOTIONAL CRISIS BY CONNECTING, EMPOWERING AND REVITALISING.

www.emotional-cpr.org

Non P&K residents / Statutory sector. £185 Vol.organisations £ 90



Dr. Dan Fisher at an eCPR workshop in St Marys Monastery Perth.

""It was one of the most profound experiences I have ever had. This is the kind of work I want to do to re build community" transformative process"

Free to people living in P&K who assist others in emotional distress and would like better skills