

# NHS TAYSIDE ADULT (16-65) ACUTE MENTAL HEALTH BEDS CENTRALISATION

1. Where did you hear about the NHS Tayside proposal to centralise all adult acute mental health beds at Carseview Centre, Dundee?

- |               |                          |               |                          |
|---------------|--------------------------|---------------|--------------------------|
| PLUS Perth    | <input type="checkbox"/> | PKAVS         | <input type="checkbox"/> |
| NHS Tayside   | <input type="checkbox"/> | Local Council | <input type="checkbox"/> |
| Social Media  | <input type="checkbox"/> | Radio         | <input type="checkbox"/> |
| Word of mouth | <input type="checkbox"/> | Newspaper     | <input type="checkbox"/> |

Other *(please clarify below)*

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2. Have you visited the NHS Tayside consultation website for this proposal?

Yes  No

3. Do you agree with the proposal that all adult (16-65) acute mental health beds should be centralised at Carseview Centre, Dundee?

Yes, I agree *(please state your reasons)*

No, I don't agree *(please state your reasons)*

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*(Continue overleaf if necessary)*

4. How much confidence do you have in the NHS Tayside consultation process on the proposal?

Highly confident

Confident

50/50

Little confidence

No Confidence

5. Do you believe that giving your opinion to NHS Tayside via their consultation process will influence the outcome?

Yes  No

6. Do you agree that NHS Tayside Mental Health Services should be based locally to the service user?

Yes  No



## NHS MENTAL HEALTH SERVICES

### YOUR CARE

7. Are you currently using or have you ever used NHS mental health services.

Yes  (Please tick appropriate one) NHS Tayside  Other NHS

No I have never used NHS Tayside Mental Health services. **Go to Q44.**

8. When was the last time you saw someone from NHS mental health services?

In the last week

More than 1 week ago

1-3 months ago

4-6 months ago

More than 6 months ago

### PSYCHIATRISTS

9. Have you seen a psychiatrist in the last 5 years?

Yes  No **Go to Q15**

The LAST time you saw a psychiatrist ...

10. Did they listen in a way which you felt understood

Yes, definitely

Yes, to some extent

No

11. Did you have **trust and confidence** in the psychiatrist you saw?

Yes, definitely

Yes, to some extent

No

12. Did you bring up suggestions about what might help in your treatment and recovery when you met with your psychiatrist?

Yes  No

13. Has your diagnosis been discussed with you in a way that you understood?

Yes, fully

Yes, to some extent

No

14. The last 3 times you had an appointment with a psychiatrist, was it with the same psychiatrist?

Yes  No

## IN-PATIENT CARE

15. Have you had an in-patient stay in an NHS psychiatric hospital in the last?

5yrs  over 5yrs  I have not had an in-patient stay **Go to Q22**

16. Do you believe mental health in-patient beds are needed?

Yes

No

Why do you believe this?

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17. Overall would you say your stay in hospital benefited you

Yes, definitely

Yes, to some extent

No

18. When you were in hospital did you feel safe from harm?

Yes, definitely

Yes, to some extent

No (*please expand*)

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19. When you were in hospital were your rights explained to you such as having a Named Person or an Independent Advocate?

Yes

No

I can't remember

20. Would you like to know more about your rights?

Yes  No

21. When you were in hospital, were you given the opportunity to talk about how you were feeling?

Yes  No

## COMMUNITY PSYCHIATRIC NURSE (CPN)

22. Do you presently see a CPN?

Yes  No **Go to Q30**

The LAST time you saw a Community Psychiatric Nurse ...

23. Did they listen in a way which you felt understood.

Yes, definitely

Yes, to some extent

No

24. Do you bring up suggestions about what might help in your treatment and recovery when you meet with your CPN

Yes  No

25. Have you been discharged by the Community Mental Health Teams in the last 5 years?

Yes  No **Go to Q30**

26. Did you agree with the decision to stop your support?

Yes **Go to Q30**  No

27. Were you given a reason as to why your support was being withdrawn?

Yes (*please detail reason*)

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No

28. Were you involved in discussions leading to the decision to withdraw your support?

Yes  No

29. Did your CPN give you the names of other organisations who may help you?

Yes (*please list below*)

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No

## MEDICATIONS

30. Do you take medications for your mental health problems?

Yes  No **Go to Q36**

The last time you had a new medication prescribed for you ...

31. Did you feel you had a choice in this matter?

Yes, definitely  Yes, to some extent  No

32. Was the **purpose** of this medication explained to you before you started taking it?

Yes, fully  Yes, to some extent  No

33. Were you told about possible **side effects** of the medications before you started taking it?

Yes, definitely  Yes, to some extent  No

34. Were you told about the potential **weight gain** of specific medications before you started taking it?

Yes  No

35. Were you given a leaflet or informed you could see a dietician to help prevent the weight gain?

Yes  No

## RATING YOUR CARE

36. Overall, how would you rate the care you have received from NHS mental health services?

Excellent   
Very good   
Good   
Fair   
Poor   
Very Poor

37. Would you say you have choice and control in decisions about your NHS mental health care and treatment?

Yes, definitely  Yes, to some extent  No

38. Who has helped you the most with your mental health challenges?

Family  Friend   
Psychiatrist  CPN   
Psychologist  Social Worker   
Other (*please state*)

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## YOUR MENTAL WELLBEING

### PRIMARY CARE

44. Have you ever gone to a GP to ask for help with a problem regarding your mental wellbeing?  
Yes  No **Go to Q49**

45. How long did you have to wait to get an appointment with an NHS mental health specialist?

Within:

1 week  6 weeks   
3 months  6 months   
Over 6 Months

Any comment? \_\_\_\_\_

46. Whilst you were waiting for help did your problem get worse?

Yes  No

47. Did you get help outwith NHS mental health services while you were waiting i.e. from a voluntary organisation or other source?

Yes (please state who)

\_\_\_\_\_  
No I didn't get help

48. How important do you feel it is it have support locally for crisis/emotional distress?

Very important   
Important   
Not important

### SOCIAL SUPPORT

How important for your general mental health and wellbeing do you rate;

49. Your house and surroundings?

Very important   
Important   
Not important

50. Not having money worries?

Very important   
Important   
Not important

51. Friends and relationships?

Very important   
Important   
Not important



## ABOUT YOU

57. Are you male or female?

Male  Female

58. Which part of Tayside do you live in?

Perth & Kinross  Angus

Dundee  Other Region of Scotland

59. What was your year of birth? \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

60. To which of these ethnic groups would you say you belong

a. **WHITE**

British

Irish

Gypsy / Traveller

Any other White background *(Please write below)*

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b. **MIXED**

White and Black Caribbean

White and Black African

White and Asian

Any other mixed background *(Please write below)*

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c. **ASIAN OR ASIAN BRITISH**

Indian

Pakistani

Bangladeshi

Any other Asian background *(Please write below)*

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d. **BLACK OR BLACK BRITISH**

Caribbean

African

Any other Black background *(Please write below)*

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e. **CHINESE OR OTHER ETHNIC GROUP**

Chinese

Any other ethnic group *(Please write below)*

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