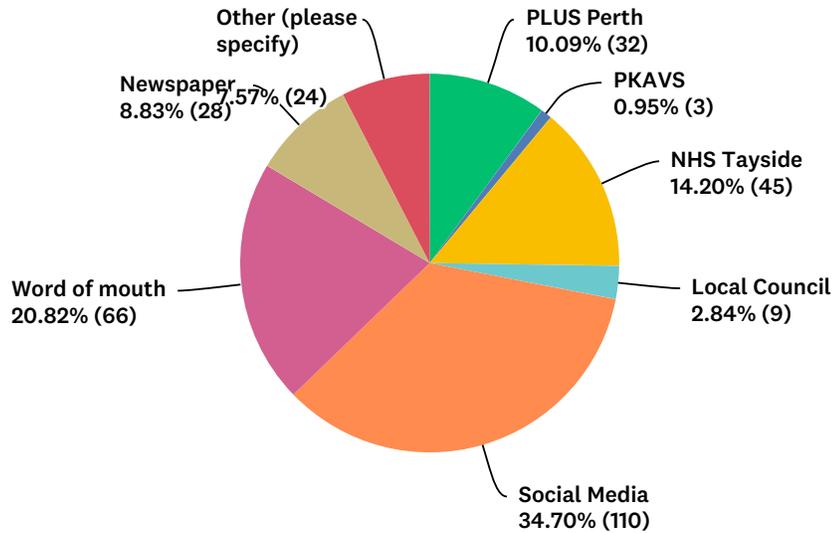


# Q1 Where did you hear about the NHS Tayside proposal to centralise all adult acute mental health beds at Carseview Centre, Dundee?

Answered: 317 Skipped: 2



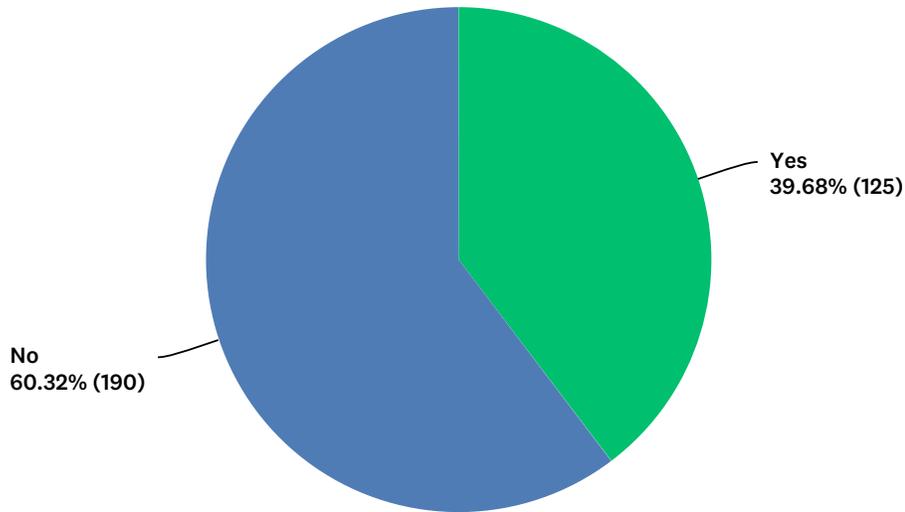
| ANSWER CHOICES         | RESPONSES |            |
|------------------------|-----------|------------|
| PLUS Perth             | 10.09%    | 32         |
| PKAVS                  | 0.95%     | 3          |
| NHS Tayside            | 14.20%    | 45         |
| Local Council          | 2.84%     | 9          |
| Social Media           | 34.70%    | 110        |
| Radio                  | 0.00%     | 0          |
| Word of mouth          | 20.82%    | 66         |
| Newspaper              | 8.83%     | 28         |
| Other (please specify) | 7.57%     | 24         |
| <b>TOTAL</b>           |           | <b>317</b> |

| # | OTHER (PLEASE SPECIFY)  | DATE               |
|---|---|--------------------|
| 1 | Mindspace pk  | 10/5/2017 10:53 PM |
| 2 | Through work - third sector   | 10/5/2017 9:04 PM  |
| 3 | PLus Perth - Word of Mouth - Newspaper  | 10/5/2017 2:08 PM  |
| 4 | Plus Perth and PKAVS - as a member of Plus I have been informed of the changes. | 10/5/2017 1:12 PM  |
| 5 | No answer   | 10/5/2017 12:17 PM |
| 6 | Plus Perth and word of mouth  | 10/5/2017 11:42 AM |
| 7 | John steel vox update   | 10/4/2017 12:59 PM |
| 8 | email from a friend   | 10/4/2017 8:34 AM  |

|    |  |                    |
|----|--|--------------------|
| 9  | Facebook   | 9/30/2017 5:10 PM  |
| 10 | Facebook   | 9/28/2017 6:42 AM  |
| 11 | Friend who lost her daughter   | 9/27/2017 8:19 AM  |
| 12 | From a friend  | 9/27/2017 7:40 AM  |
| 13 | Facebook   | 9/26/2017 8:59 PM  |
| 14 | Didn't know  | 9/26/2017 1:07 PM  |
| 15 | Phillip Welsh  | 9/26/2017 12:03 PM |
| 16 | Facebook   | 9/26/2017 11:59 AM |
| 17 | Friend being admitted  | 9/26/2017 10:23 AM |
| 18 | Facebook   | 9/24/2017 12:27 PM |
| 19 | NHS Taysides Board online minutes  | 9/18/2017 6:39 PM  |
| 20 | Attended event   | 9/14/2017 3:45 PM  |
| 21 | Daughter   | 9/14/2017 10:31 AM |
| 22 | Board minutes on line  | 9/12/2017 8:24 PM  |
| 23 | When my family had to access emergency mental health services for myself | 9/12/2017 7:43 PM  |
| 24 | MindSPACE  | 9/8/2017 9:31 PM   |

## Q2 Have you visited the NHS Tayside consultation website for this proposal?

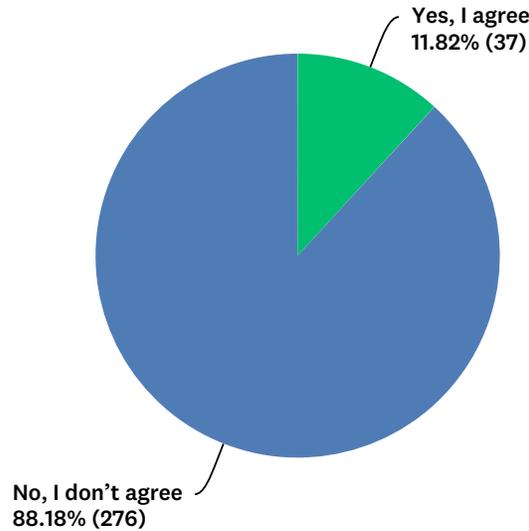
Answered: 315 Skipped: 4



| ANSWER CHOICES | RESPONSES |     |
|----------------|-----------|-----|
| Yes            | 39.68%    | 125 |
| No             | 60.32%    | 190 |
| TOTAL          |           | 315 |

### Q3 Do you agree with the proposal that all adult (16-65) acute mental health beds should be centralised at Carseview Centre, Dundee?

Answered: 313 Skipped: 6



| ANSWER CHOICES    | RESPONSES |     |
|-------------------|-----------|-----|
| Yes, I agree      | 11.82%    | 37  |
| No, I don't agree | 88.18%    | 276 |
| TOTAL             |           | 313 |

| # | PLEASE STATE YOUR REASONS   | DATE               |
|---|---|--------------------|
| 1 | It's not practical for people who live more rurally in Perth, how would they get all the way to Dundee? People may not consider their mental health to be at such a critical point where they have to travel that far to be seen. People have difficulty asking for help as it is without adding additional stress of additional travel, expense, distance etc.   | 10/6/2017 1:43 PM  |
| 2 | This will isolate a lot of people   | 10/6/2017 9:03 AM  |
| 3 | Beds in Perthshire are already far too few!!!   | 10/6/2017 1:25 AM  |
| 4 | For those experiencing acute mental health problems being further isolated and further away from their home /family /community will have a significant impact. Poverty will mean that for some they will have no visitors. The time spent travelling for some in Perth and kinross to Dundee is also a factor and the cost of this. Additionally for those individuals who need a care package involving p&k organisations there would be less services able to travel to Dundee, this would also have a negative impact on individuals with mental health problems. I would propose carseview is closed. | 10/5/2017 10:53 PM |
| 5 | I believe this will result in an increased risk to individuals with acute mental health needs. Due to its geography P&K need a service which is centrally based. This is not Dundee. It will increase the isolation of people in hospital, at a time when their support network is at its most needed.  | 10/5/2017 9:04 PM  |
| 6 | The impact this will have across all communities, particularly those living rurally could be devastating  | 10/5/2017 6:51 PM  |

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|----|--|--------------------|
| 7  | This is a political decision. It is not at all in the best interests of any possible patients, particularly those who live some distance from Carseview. This decision ignores the problems of access any patients might have. This kind of centralisation also limits services severely - it saves money because, theoretically, less staff and resources are needed, but it is a short term solution to a long term problem and simply creates more problems. In effect it will lead to less people being seen and therefore longer waiting lists - and this at a time when we are constantly told by the media of increasing numbers of people wishing to access services! (And being encouraged to access services!) This is a disgraceful decision. We should be providing more access, not less. | 10/5/2017 4:22 PM  |
| 8  | The inaccessability for patients and visitors from such a wide area as Tayside. caring - time to see Dr and Consultants not rushed through a system. Local involvement is necessary in healing particularly in mental health issues. The stress caused by travel is highly detrimental.  | 10/5/2017 2:08 PM  |
| 9  | Perthshire is a wide area and carseview can be a long way away for many people to be able to visit - and visitors in hospital are extremely important.   | 10/5/2017 1:37 PM  |
| 10 | Accute mental health beds should be local.   | 10/5/2017 1:28 PM  |
| 11 | Accute mental health beds should be local.The further the distance from family and friends has effect on the fequency of visits by friends and family and consequently has a detrimental effect on the mental health and recovery of patient.  | 10/5/2017 1:22 PM  |
| 12 | I dont see the point of building a new hospital mental heath, then after a few years close it. The visiitors from rural Perthshire that have to use public transport it not really feasable.   | 10/5/2017 1:12 PM  |
| 13 | When I was in hosptial what helped me was being in familiar surroundings being able to see my friends.   | 10/5/2017 12:59 PM |
| 14 | Its just not practical!  | 10/5/2017 12:47 PM |
| 15 | Design and location of building Culture of care within Dundee is not positive Patient support/contact with local community/services Access to services Continuity of care Lack of open space Purpose built deign features of MRH: gym/art room/kiln/spiritual care / tribunal facilities   | 10/5/2017 12:42 PM |
| 16 | I dont agree as mental health patients dont have money or travel and more people would feel helpless if this service is stopped, mark my words if this service is stopped I have no doubts there will be more suicide in perth and perthshire/ keep this service.  | 10/5/2017 12:17 PM |
| 17 | Difficulty in visiting and providing family support from outlying areas. The population of Perth is forecast to increase substantially and therefore I think Perth should have its own services.   | 10/5/2017 12:04 PM |
| 18 | Murray Royal is local to me and when I was there I found it a great help/support that my friends could visit me. If it was not in Perth there would be less chance as it would be further to travel and those that dont drive could not come straight after work and still be home for child care.   | 10/5/2017 11:42 AM |
| 19 | Patients need to be close to family and friends for support.   | 10/4/2017 5:59 PM  |
| 20 | Patients should have treatment available in their local area, some patients will miss out on visitors as many relatives, friends etc will not be able to travel to Dundee for visiting.  | 10/4/2017 4:58 PM  |
| 21 | You are removing people from their local environment making harder for some families to support. Stop herding people like sheep. They have rights too  | 10/4/2017 12:59 PM |
| 22 | Distance factors for people living in rural Perthshire   | 10/4/2017 11:55 AM |
| 23 | It would seem more appropriate for services for local people to be provided locally particularly those of a crisis nature.   | 10/4/2017 8:44 AM  |
| 24 | I think that in all cases people should receive treatment closest to their homes and not miles away.   | 10/4/2017 8:34 AM  |
| 25 | Mental Health Services should be available to people within their own communities. Having to travel to Dundee for services is unacceptable and may not be an option for people in crisis. Individuals who find themselves suffering from mental health issues need help and support right away and this is not going to happen if services are moved to Dundee.  | 10/4/2017 8:16 AM  |
| 26 | Travel time Mrh was gifted to Perth for me ysl health 500 houses being built No need to locate in Dundee will not save any money   | 10/3/2017 4:35 PM  |
| 27 | Perth & Kinross covers a wide area at present and it can already be difficult for outlying people to get to Perth without asking them to travel further to Dundee. I feel it could cause deaths. it will add pressure to carers that are already very stressed   | 10/3/2017 4:30 PM  |

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|----|---|--------------------|
| 28 | I feel this should go without saying, however at a very basic level, to expect individuals who have mental health issues to plan and attend appointments at Carseview, is absolutely ridiculous, and this is at a very basic level.   | 10/3/2017 4:12 PM  |
| 29 | Carseview provides poor care in comparison to Mulberry and it cannot cope with the patients it already has.   | 10/2/2017 4:10 PM  |
| 30 | 1. It will make less people agree to an informal admission if they are further away from family & friends leading to increased detentions under the mental health act which will cause resentment between the patient and the services. 2. Less visits/visitors can lead to patients feeling isolated & lower in mood, or resentful towards family & friends for visiting less often. 3. Increased financial burden on family/friends/carers for travelling further to visit their relative Dundee instead of Perth. 4. Less beds for this patient group in Tayside WILL lead to vulnerable people DYING as they will be left at home in a crisis due to no beds being available.                               | 10/2/2017 1:35 PM  |
| 31 | Need a wider range of hospitals and places of safety all over Scotland. When my daughter was sectioned aged 16 she was placed in carseview. There were no beds available anywhere else. She ended up in the Priory in Glasgow!!!! Heaven knows how much that was costing the NHS  | 10/2/2017 8:15 AM  |
| 32 | Too far for people in crisis to travel. I think it will endanger lives.   | 10/1/2017 9:12 PM  |
| 33 | To aid the recovery of patients it is essential to have the support of family and friends. This proposal risks that these stakeholders involvement will be diminished.  | 10/1/2017 9:01 PM  |
| 34 | This is a very poorly thought-out consultation that will move mental health care out of Angus, making it inaccessible for many patients and relatives to visit. It will also see a purpose built Unit at Mulberry - which only opened five years ago - closing. This is a ludicrous waste of public money.  | 9/30/2017 11:18 PM |
| 35 | Mental health services need to be as local and accessible as possible for the wellbeing and recovery of patients. Isolation from family and friends is not good for anyone who is ill in hospital; it must be easy for visitors to gain access. I also believe there will be fewer beds in Tayside in general for mental health patients, if these proposals are allowed to go ahead. The Mulberry Unit was purpose-built, and has only been open for five years, due to a prior review which lead to a huge reduction in beds across Tayside. We simply cannot afford for those beds to be removed from Angus - suicide deaths are already rising: local services should be increased, rather than diminished. | 9/30/2017 9:16 PM  |
| 36 | Cause people with mental health care issues should be cared for nearest to where they & they're families, friends & carers are.   | 9/30/2017 7:15 PM  |
| 37 | Too far for relatives to travel to visit patients. Visits from friend and family are important to the recovery of each individual. Lovely surroundings and purpose built layout.  | 9/30/2017 5:32 PM  |
| 38 | People are better served living in their own communities.   | 9/30/2017 5:10 PM  |
| 39 | I feel there has been little or no consultation with service users,carers or staff regarding the closure of Mulberry. There will be transport issues for families and friends of patients trying to get to carseview. If there's no beds available at carseview patients could be in hospitals as far away as Inverness or Aberdeen, isolated because families and friends cannot afford to visit them. I know many service users who will refuse treatment at carseview due to its reputation which is not good  | 9/30/2017 11:33 AM |
| 40 | This will affect patient and families causing more distress mentally and financially  | 9/30/2017 11:11 AM |
| 41 | Centraliation of services for people with mental healthproblems removes fromthem,or makes more difficult, the social and community support they need. Once discharged, increased travel requirements may make ongoing support difficult or unattractive   | 9/30/2017 9:23 AM  |
| 42 | Each person is a individual and each individual is different, but I think anyone going into a mental health institute has there own problems/issues, worries, illnesses ect. And would find everything hard enough without the problems of family and/or friends to visit if they live out of town and should go to where they feel most comfortable and happy and not to make things affordable. Stacey Williamson   | 9/29/2017 11:36 PM |
| 43 | The services should be kept localised   | 9/29/2017 9:15 PM  |
| 44 | Unrealistic to send people to Dundee from Perth that have these problems. Causing more issues.  | 9/29/2017 7:18 AM  |
| 45 | With the city growing in size I don't understand why there is a need to move mental health services further away, with so many recent young people passing away in perthshire, I feel it's necessary to keep services close enough to provide support.  | 9/28/2017 8:52 PM  |

|    |   |                    |
|----|---|--------------------|
| 46 | There is a perfectly good, modern facility at Murray Royal in which to base some services. As a paramedic, there will also be increased pressure on the ambulance service to transfer patients over greater distances.  | 9/28/2017 8:40 PM  |
| 47 | It isolates the patients. There's a stigma with Carseview   | 9/28/2017 11:32 AM |
| 48 | Distribute Centres so that friends and relatives can visit more easily. Also staff can commute more locally, all of which contributes to best teamcare quality. For meetings, family therapy, etc. Don't concentrate everyone in a single place, where patients may be incompatible, or respond better to different teams of staff. A sense of progress or a fresh start may be needed, helped by an alternative locations. A therapeutic and restorative environment is essential. I don't know what the architecture of this proposed 'supersize' place is, but simply for noise, orientation, and balance of in and outside spaces, smaller unit models must be a better design?   | 9/28/2017 6:42 AM  |
| 49 | It will make it harder for families to keep contact with the patient and therefore can make it a more stressful experience for the patient. Carseview is not big enough to take all the patients in so some will not get the help that they need and are entitled to get. Some potential patients could be put off trying to get help because they would want to stay near home, not go to Dundee.  | 9/27/2017 9:03 PM  |
| 50 | Not everyone lives in that vicinity   | 9/27/2017 4:24 PM  |
| 51 | I think its an absolute joke people from perth having to go all the way to dundee for much needed help  | 9/27/2017 2:35 PM  |
| 52 | It is important to retain local services. Perth is slowly being stripped of healthcare facilities.  | 9/27/2017 12:56 PM |
| 53 | Someone who is suicidal and doesn't want to leave their home isn't going to head off to another city for help no matter who is trying to convince or take them. Perth and the surrounding small towns (as far as 26 miles north remember?) NEED this facility.  | 9/27/2017 11:20 AM |
| 54 | If someone is feeling suicidal then asking them to go to another city would just add to their trauma .  | 9/27/2017 7:40 AM  |
| 55 | Perthshire is a large area, Dundee is too far away fir many families to take someone, never mind police resources.  | 9/27/2017 6:57 AM  |
| 56 | There are big travel issues fr faily and friends to visit and to stay in touch. It seems to be aimed mainly at the convenience of staff and the organisation rather than patient care and outcomes  | 9/27/2017 1:55 AM  |
| 57 | Patients will be even further away from there supporters and family who help them with there recovery   | 9/26/2017 11:24 PM |
| 58 | There are a number of reasons but primarily I am of the view that Carseview is sadly lacking in a number of areas at present. It is both sterile and patient unfriendly while any sense of 'sanctuary' is sadly missing. I suggest that the changes in patient population over the last 20-30 years now includes an increasing number of young adults with addiction problems. I believe the current Mental Health care and facilities do not meet the broad needs of this patient population, especially older adults of 40+. An increased number of younger patients with addiction problems will have a further detrimental effect on the care and outcomes of the patient population in general. If I remember correctly, we shouldn't forget the quote by the then NHS Tayside chairman who described the hospital "not fit for purpose". I feel I could probably add a number of other reasons to explain my critical opinions, however, I don't think it would serve any useful purpose at this time. My clear view is that mental health care in Tayside and Carseview in particular needs a radical rethink - I don't think you need me to highlight that from a public relations perspective I'm afraid Carseview's negative publicity, especially over the last few years, is further testament to a very poor public image. | 9/26/2017 11:08 PM |
| 59 | It is going to put vulnerable people at risk.   | 9/26/2017 10:24 PM |
| 60 | There is a huge mental health issue in Perth, and cutting services is exactly opposite to what we should be doing.  | 9/26/2017 10:21 PM |
| 61 | I think it should be available in more areas than just one. Carse view can't cope as it is let alone with more pressure   | 9/26/2017 10:18 PM |
| 62 | It is not easy for everyone to get to Dundee from other parts of Tayside. Not everyone has access to a car, have money or the ability to independently use buses and it's also a long time away from home for patients which will not help with mental health issues, especially those with anxiety disorders   | 9/26/2017 10:03 PM |
| 63 | Local accountability is best  | 9/26/2017 10:02 PM |

|    |  |                    |
|----|--|--------------------|
| 64 | It's too far away  | 9/26/2017 10:00 PM |
| 65 | Tayside happens to be so large,the outleiyng areas still need ,their units,you my be short,staffed for mentally trained,staff  | 9/26/2017 9:51 PM  |
| 66 | I have mental health issues and a young daughter who I wouldn't get to see if I needed to be in hospital due to my mental health. I also have a father in law who has vascular dementia and his family are in Perth and have no means to visit if he was hospitalised outside perth  | 9/26/2017 9:44 PM  |
| 67 | It would mean patients being placed quite far from home area. Would also be expensive for health and social care professionals travelling from their own outlying areas to manage cases.   | 9/26/2017 9:41 PM  |
| 68 | My friend seeked help just short of a couple weeks from murray royal just weeks before committing suicide ! Beds and help should be allowed within perth if he got the help there and then then i believe he would still be alive  | 9/26/2017 9:40 PM  |
| 69 | Too far away to travel when in crisis  | 9/26/2017 9:00 PM  |
| 70 | Perth has such a large population it needs a facility on its doorstep. Perth and Kinross is such a large area that someone from pitlochry's family shouldn't have yo travel that distance. Family are important in the process of helping  | 9/26/2017 8:37 PM  |
| 71 | They should be spread over the trust locality, local services for local patients.  | 9/26/2017 8:36 PM  |
| 72 | why is everything Dundee, we need to have something here in perth for vulnerable people at the time not sending them away to another town its not right  | 9/26/2017 7:08 PM  |
| 73 | We have a perfectly good hospital in perth   | 9/26/2017 7:00 PM  |
| 74 | It is appalling that you deem this fit. That is only going to make matters worse in most situations. People need help, not sent away elsewhere. Surely they can be seen at some stage at a local hospital rather than making everything difficult for the individuals.   | 9/26/2017 6:38 PM  |
| 75 | As a nurse at carseview this would help ensure that the best treatment is giving and adequate staffing numbers are available.  | 9/26/2017 6:35 PM  |
| 76 | Tayside NHS covers a much wider area than Dundee and this proposal would lead to some people having to travel quite far for treatment which can be off-putting, e.g. I believe Neil Cumming refused a bed at Murray Royal when there wasn't a bed at Carseview and went on to murder his wife. Also I believe centralisation will lead to the number of beds being cut.  | 9/26/2017 6:15 PM  |
| 77 | What good was it building the super duper new hospital at Murray Royal? £80 million wasted.  | 9/26/2017 6:14 PM  |
| 78 | It very much depends on locality   | 9/26/2017 6:13 PM  |
| 79 | To far away from Perth   | 9/26/2017 6:12 PM  |
| 80 | It makes sense to have them on one location  | 9/26/2017 6:09 PM  |
| 81 | Yes if there are going to be enough beds and isnt a way of making cuts.  | 9/26/2017 5:52 PM  |
| 82 | I think this is absolutely ridiculous!!!! For a large region to only have access to beds in dundee is unacceptable! To try and get someone who has severe mental health issues out of their home to a unit in their own town is difficult let alone in a different one.Be it on your heads when the suicide rate rises!!! Bloody awful   | 9/26/2017 5:50 PM  |
| 83 | Absolutely disgusting that all the facilities are getting moved from Perth. We are meant to be a city  | 9/26/2017 5:50 PM  |
| 84 | Due to budget cuts the NHS are centralising emergency mental health beds to Dundee from Perth. I believe my friends brother would still be alive if Murray Royal didn't turn him away and tried to send him to Dundee, he took his own life just weeks after. If someone is suicidal and doesn't want to leave the house, then getting them to another city will just not happen!!! Let our voice be heard. It's important to our town, especially at the moment. Male suicide is at an all time high. These services need more money, not less. | 9/26/2017 5:39 PM  |
| 85 | To much in one place   | 9/26/2017 4:43 PM  |
| 86 | My brother killed himself just weeks ago because Murray Royal couldn't take him and tried to send him to Dundee. HE'S DEAD BECAUSE OF THIS!!!!   | 9/26/2017 4:27 PM  |
| 87 | Not enough beds  | 9/26/2017 4:22 PM  |
| 88 | Dundee cannot cope with the amount of people this service needs to help  | 9/26/2017 4:16 PM  |

|     |   |                    |
|-----|---|--------------------|
| 89  | Perth requires to have facilities immediately available to help people suffering from any form of mental health issue and to allow them to be treated by people who may know them and treat them accordingly. Relatives and friends should also be able to visit on a regular basis to help with their recovery and have input into their self help programme.  | 9/26/2017 3:56 PM  |
| 90  | Perth is in need of this service why is it getting moved  | 9/26/2017 3:27 PM  |
| 91  | Yes because my cousin was begging for help and got refused from Carseview. 13 hours later he hung himself.  | 9/26/2017 1:48 PM  |
| 92  | The staff should be trained to deal with their problems   | 9/26/2017 1:21 PM  |
| 93  | It's allows all appointments to be done in one place  | 9/26/2017 1:20 PM  |
| 94  | Is it right for patients to be together. Would other sites allow for a progression?   | 9/26/2017 1:07 PM  |
| 95  | There should be more hospitals and help for mental health.  | 9/26/2017 1:00 PM  |
| 96  | There are not enough beds. A larger facility should be built or spread more beds across the larger area.  | 9/26/2017 12:33 PM |
| 97  | I've had family there before and friends and staff have all treated them terrible, maybe if you retrain your staff  | 9/26/2017 12:26 PM |
| 98  | Inconvenient for those who live far from the area. Would make more sense to have clinics around Tayside   | 9/26/2017 12:21 PM |
| 99  | One main location and concentration of resources would seem to be the best option for patients.   | 9/26/2017 11:50 AM |
| 100 | I feel we do not have nearly enough help out there for our mental health sufferers I personally think there should be some sort of center people can pop into for some support when they are at their lowest ebb  | 9/26/2017 11:38 AM |
| 101 | Carseview is small and limited. Mental health issues are effecting more and more people every day. Other sites should be made available.  | 9/26/2017 11:37 AM |
| 102 | There is not enough provision for mental health services as it is and this will make a terrible situation even worse.   | 9/26/2017 11:10 AM |
| 103 | I think that it's really important for people with acute mental health problems to be within their own community as much as possible, with friends and family nearby. Isolating them, potentially quite far from their support networks, is dangerous and should not be done.   | 9/26/2017 10:36 AM |
| 104 | As a person with mental health issues myself, I understand how essential it is to have help and support in whichever form as close as possible and to have to travel away from your home to acquire this help can be extremely distressing and could potentially be impossible if you don't have funds or someone close by to help you. I have lived in Dundee all my life and I felt isolated in Carseview so I couldn't imagine how others would feel.              | 9/26/2017 10:34 AM |
| 105 | No I think you need more places as it isn't big enough and staff can't cope   | 9/26/2017 10:23 AM |
| 106 | I have had family that have previously used and needed the service at Perth it's vital it stays open. Especially for visiting etc which is important on them getting better   | 9/26/2017 10:05 AM |
| 107 | There aren't enough beds for the mental health patients of Dundee without surrounding area patients   | 9/26/2017 10:02 AM |
| 108 | Patients need the support from their family as well as the hospital staff. They are already scared and vulnerable and need to be close to what is familiar to them. Not everyone is in the financial position to be able to afford the traveling expenses to visit their loved ones   | 9/26/2017 9:46 AM  |
| 109 | Centralisation always leaves communities behind, and is particularly damaging in the case of vulnerable people. It makes them more isolated from their support networks, and the feeling of being so far from home can be very frightening to someone with mental health issues. The government has committed to investing in mental health, and it should follow through on its promise instead of deploying damaging, cost-cutting measures such as centralisation. | 9/26/2017 9:36 AM  |
| 110 | As its a specialised unit.  | 9/26/2017 9:15 AM  |
| 111 | We don't have enough beds for everyone. Unless the unit is expanded   | 9/26/2017 8:53 AM  |
| 112 | It would be too much  | 9/26/2017 8:33 AM  |
| 113 | Everything centralised massive region. Carseview will not cope. Struggling now  | 9/26/2017 8:29 AM  |

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|-----|---|--------------------|
| 114 | Carsview is not big enough for all who have acute mental health There should be a unit in a few areas These people need better support and there family's need support also   | 9/25/2017 8:26 PM  |
| 115 | Carseview already under resourced and struggling with capacity at the moment. Carseview is not suitable for long term stay patients, particularly rehabilitation- staff do not have time to spend with patients or talk to visiting family members- tend to stay in office  | 9/25/2017 8:24 PM  |
| 116 | They can't cope in there! They can't look after the patients they have.   | 9/25/2017 7:45 PM  |
| 117 | Carseview can't cope with the amount of patients they currently have That's why there are so many suicides in Dundee  | 9/25/2017 7:11 PM  |
| 118 | Not convient for everyone   | 9/25/2017 7:00 PM  |
| 119 | Some families have no transport to visit their loved ones. Public transport is expensive and takes a long time from outlying areas. Only one hospital will soon become over full and people in desperate need will be turned away.  | 9/24/2017 3:32 PM  |
| 120 | Why should Perth & Kinross loose it's vital Mental Health Services ? Making it more difficult for family & friends to support & visit those with a debilitating illness. The services at Murray Royal have been vital over the years & remain vital to our ever INCREASING community.....Dundee does not have the bed facilities to cope with centralising this service, therefor again it is those in most need that will loose out & self harm/suicide rates may, and will probably increase. There are not and never will be enough community nurses to save lives !!!!!!!!!!! | 9/24/2017 12:27 PM |
| 121 | I feel that it is important to have Services local. Centralising Services would increase travel for service users, family, friends, visitors, and staff. I believe this would have a negative impact on people's recovery and access to services.   | 9/23/2017 9:56 AM  |
| 122 | -We have a newly built mental health hospital here.. -The available beds are almost non existent as it is. -It greatly helps in connecting patients with local support in the community. -It cuts patients off from any their supportive friends or family they may have from visiting.   | 9/23/2017 9:49 AM  |
| 123 | I don't really have an opinion on this  | 9/23/2017 4:14 AM  |
| 124 | Carsview is not coping not managing the patients it has now. A young man was rescued from the river Tay again today!  | 9/23/2017 1:57 AM  |
| 125 | That could take folk too far from their families  | 9/22/2017 11:16 PM |
| 126 | I think there are arguments for both sides  | 9/22/2017 10:45 PM |
| 127 | Perth needs this service just as much as Dundee. Dundee is too far away   | 9/22/2017 4:50 PM  |
| 128 | The people of Angus need The mental health team at Stracathro as it's not only peaceful and more convenient for the individual and their families but I feel personally will reduce the overcrowding of Carsview Unit in Dundee that I experienced when I had to attend with a family member that was the transferred to Perth as there was no beds for him While there for several hours we were aware of how extremely busy the unit was  | 9/22/2017 7:50 AM  |
| 129 | My daughter was refused proper medical attention when seeking help and was instead put through a court procedure that should never have happened  | 9/22/2017 7:31 AM  |
| 130 | Local communities deserve to have local services that provide person centred care. Not financially driven decision made care.   | 9/22/2017 6:42 AM  |
| 131 | People who live outside of Perth have to travel at least 30 miles to get to Perth never mind Dundee   | 9/22/2017 1:01 AM  |
| 132 | I don't agree because carsview hospital is not fit for purpose treatment is a disgrace detained people can get out easy because it's not a locked unit so it's unsafe for mentally unstable people they have dementia patents in beside suicidal patients they only seem to think that if you don't show outward signs of mental illness then you are ok so making it centralised will be putting even more life's at risk  | 9/22/2017 12:05 AM |
| 133 | Traveling away from family to receive help for your mental health will cause more stress. Travel is costly. Perth deserves a local mental health facility. People deserve to have help locally and should not have to fight for this.   | 9/21/2017 11:38 PM |
| 134 | Tdetrimental to patients from outer lying areas to go to Dundee and for families having to travel further distances   | 9/21/2017 11:34 PM |
| 135 | I have been admitted to Murray royal previously and if I had to be admitted to carseview it would of made things a lot more difficult for myself and my family.   | 9/21/2017 11:17 PM |

|     |   |                    |
|-----|---|--------------------|
| 136 | We need local support. Going miles away us not an option  | 9/21/2017 11:11 PM |
| 137 | I think there should be one nearer to us not so far away for the people who are in there it is more easier for visitors as some might not be able to travel to dundee   | 9/21/2017 11:09 PM |
| 138 | Don't understand why they would move it from a brand new facility specifically built for 24 hour acute mental health care for Perth and surrounding areas. I understand Carseview was an over flow facility for MoreDun Ward which shows this service isn't only needed it's in need of more care put in place! I don't know how the NHS expect a suicidal person who doesn't even want help in the first place is expected to travel to Dundee safely! This is not only putting them at risk but their family, friends and even the police too meaning more police time wasted!  | 9/21/2017 11:00 PM |
| 139 | Mental health is a huge issue and you are taking away what people of perth need! When you are in crisis there is not capacity to travel to Dundee, we need local help!! This is also going to put even more strain on the police and ambulance services.  | 9/21/2017 10:59 PM |
| 140 | It is vital that the local people of Perth and Kinross have somewhere close to seek the help they need for their mental health.   | 9/21/2017 10:53 PM |
| 141 | Both my daughters use the services in Perth and if moved to Dundee they would not be able to travel to use the service .  | 9/21/2017 10:51 PM |
| 142 | Why move it when it's in a facility specifically designed for acute mental health care in Perth and surrounding areas? I understand Carseview was an over flow facility for Murray Royal which indicates to me more beds are infact needed. The community mental health team can't cope as it is imagine how long a referral will take if the acute mental health services are moved to Dundee!? The suicide rates get higher every year especially in young men can you imagine how this is going to impact people when it's hard enough to get the help in the first place!   | 9/21/2017 10:51 PM |
| 143 | the fact that a perfectly good facility at MRH In perth is to be closed is so nonsensical it beggars belief   | 9/21/2017 10:49 PM |
| 144 | Mental health needs to be accessible for all, with all being centralised in Dundee you will find it impossible to most patients to attend and will cut off links to family  | 9/21/2017 10:45 PM |
| 145 | I believe the service is needed in Perth due to the need in Perth for mental health services and Dundee is too far away to travel for those with mental health problems.  | 9/21/2017 10:35 PM |
| 146 | Dundee is too far to travel when someone is suicidal. Why move it when Murray Royal Moredun Ward was purposely built for Acute mental health care in Perth! Absolutely ridiculous decision and the suicide raise increases year after year just imagine what effect this is going to have! I have been a patient in Moredun Ward and have recently had to be taken to Carseview by Tayside Police for emergency treatment and I don't know what I'd of done if it wasn't for the Police taking me there and bringing me home which may I add is not their job! Not only will this decision put more people at risk and put people off trying to get help it will waste so much Police time! May I add we had to wait nearly 2 hours to be seen or even speak to anyone at Carseview can't imagine how long that wait would be if all acute mental health beds are "centralised" or moved out of reach of people who so badly need it! | 9/21/2017 10:30 PM |
| 147 | This service is very important for per th and surrounding areas. We just have to look at the recent suicides, the out of hours team are in Dundee and this is a huge mistake. Murray royal has had a lot of bad press but they have done a lot of good over the years. STOP trying to give all the money to dundee!   | 9/21/2017 10:27 PM |
| 148 | Distance Client in crisis being transported safely Family's struggling to visit Important for a person in a crisis to be closer to home Financial strain on family's getting back and forward   | 9/21/2017 10:00 PM |
| 149 | The people of perth and perthshire are entitled to get there needs met locally. How on earth are service users and thier families supposed to get back and forth to dundee. It will only add more stress to the service user as if they haven.t got enough on there plate.  | 9/21/2017 11:59 AM |
| 150 | Tayside is too wide a geographical area to concentrate in one city  | 9/20/2017 11:39 PM |
| 151 | As a member of the community who has mental health issues I feel that moving the service to Dundee will make me unlikely to receive the support I need as I cannot travel that far if and when I need help  | 9/19/2017 11:12 PM |
| 152 | Because it is impractical to expect someone to be transferred out of their own area(local support, family, friends etc) and what exactly will happen to Moredun ward?   | 9/19/2017 9:10 PM  |

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|-----|---|--------------------|
| 153 | Why make being hospitalised even more traumatic by isolating the ill person from their home town and family and friends. How much will it cost to transfer patients from their home town and back, doesn't seem very well thought out..   | 9/19/2017 5:37 PM  |
| 154 | It is too far for people who suffer from this illness, plus they would have to get three busses. I just think its stupid. I'd rather it was Murray Royal as it wouldn't be too far to travel.   | 9/19/2017 4:48 PM  |
| 155 | Murray Royal hospital is not fit for purpose building, physicists and staff. It is not a safe place, care of duty is not concistant and national practices & policys are not followed.  | 9/18/2017 6:39 PM  |
| 156 | Geographically it's nonsense never mind morally   | 9/17/2017 12:18 AM |
| 157 | I believe it will end up cost financially more and also cost both patients and there families time and money due to travelling.   | 9/16/2017 9:01 PM  |
| 158 | I would like it to stay local, it's hard enough to get family to visit Murray Royal never mind travelling to Dundee. Even as an outpatient it would be cost prohibitive to travel to Dundee. Perth is centrally located for a large number of smaller villages and this would allow easier access for them as well  | 9/16/2017 8:45 PM  |
| 159 | Increased pressure on single sight, poor patient journey, evidence of patients travelling and waiting times to completion exceeding 8 hours.  | 9/16/2017 3:09 PM  |
| 160 | It's better to have acute beds locally in my opinion  | 9/16/2017 3:00 PM  |
| 161 | It will be harder for family members to visit there loved ones if they can not get a bed closer to home where ever that is  | 9/16/2017 2:35 PM  |
| 162 | Too far.  | 9/16/2017 2:35 PM  |
| 163 | people need the right to live in the city they belong to especially when it is long term this may work with short term only   | 9/16/2017 2:17 PM  |
| 164 | There should be facility for acute care locally and I do not see why thatt requires a consultant psychiatrist on site 24 hours a day.   | 9/16/2017 2:09 PM  |
| 165 | Too far away.   | 9/15/2017 4:41 PM  |
| 166 | It is important to keep GAP Services local given the nature of acute mental health problems. Recently heard from a relative, who described being hospitalised in Carseview, as it appears the changes have already been made to centralising services! She described the anguish it caused her not being located in Murray Royal, where she had previously been a patient. This caused extra pressure on her, which would be the same for other patients. Her mother advises that even after having been discharged for a couple of weeks, her daughter has this time not "got back to her old self" and is on heavy medication. There was also the difficulty of visiting (again the same pressure on other families) and it is of utmost importance that people suffering mental health problems have a supportive environment, which must include visitors. The people cost implications in the longer term if the change is made to centralising GAP services at Carseview permanently will have a long term detriment to the service for people in Perth & Kinross. This will lead to worsening conditions of patients and will be more costly long term. Also the fact that GAP Services appear to have already moved to Carseview is extremely worrying given that the consultation ends on 3/10/17. Is it just a tick box exercise with a decision having already been made? Hopefully not. | 9/15/2017 4:21 PM  |
| 167 | Having spent time in Carseview I must say my condition worsened. The staff with one exception had no time for me. Had I not been moved to Murray Royal I honestly believe I would not have survived.  | 9/15/2017 3:52 PM  |
| 168 | Too far for unwell ppl to travel Relatives visits would be much less because of financial and distance  | 9/14/2017 10:21 PM |
| 169 | There was a vast amount of money invested in new hospital at MRH incorporating a new acute admission ward for 16/65 age group. Unfortunately my understanding is that there were very few staff members involved in the planning stage of this build and decisions were made by strategic managers regarding the floor plan , size etc and this has proved to be the wrong decision. I think it is a disgrace that patients and family members to travel to Dundee.. Tayside covers a huge geographical area and this extra travelling will only cause unnecessary stress on patient and there families. This proposal is purely financially driven , along with all the other decisions that are made ie the integration of social and health care. It is never for the benefit of patients / service users.   | 9/14/2017 9:50 PM  |
| 170 | Everything gets cut and centralised and it's wrong, some families can't drive and would therefore be cut off from ill relatives, having bee such a patient I know how important family and friends visiting are   | 9/14/2017 3:45 PM  |

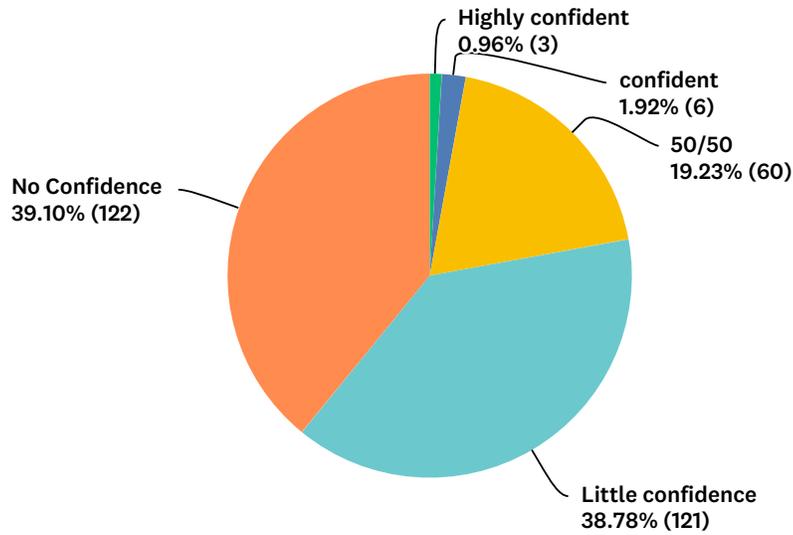
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|-----|---|--------------------|
| 171 | Perthshire and Angus are massive areas in comparison to Dundee. Thus centralising it in Dundee would mean an even longer journey for the client who more often than not is very distressed.   | 9/14/2017 1:36 PM  |
| 172 | If your a Perth patient in Dundee with no family or friends who drive,how do you get your belongings etc if you were rushed into hospital.  | 9/14/2017 1:04 PM  |
| 173 | If families live in pitlochry it is a long journey to visit   | 9/14/2017 12:47 PM |
| 174 | Too far away, too big a hospital, away from familiarity   | 9/14/2017 12:19 PM |
| 175 | Perth is a city,,quite a big one with a lot of people needing easy access to help. It should be kept in our very good facility. Why should the people of Perth put up with this. 22 miles to access health care when we have hospitals of our own. An expanding city with a useless health service.   | 9/14/2017 10:31 AM |
| 176 | I think it is daunting enough for anyone acutely I'll admitted to hospital, some have to travel miles just to receive a bed often meaning their families struggle to visit often, causing added pressures and anxieties. Perth is central to the north and south of Scotland, millions of pounds has been spent for the new Murray Royal hospital to be built so I see centralising GAP services to carseview a bit of a waste really. And also the views of the service users should be highly considered before any decision is made as they are the ones accessing the services. It's ashame really that it has come to this day where we are playing with people's lives for the sake of saving money.  | 9/14/2017 8:45 AM  |
| 177 | Most individuals have family in perthor surrounding area and if they moved it to dundee, not only would travel increase but the level of visitation would decrease and thus have a negative impact on the continued negative emotional state of the individuals using the service. I was personally taken into Murray Royal hospital for a 3-4 month stay and my family would not have been able to travel through daily to visit me and it was only with the constant support of my close family network that I was able to recover in that time frame. Stays in hospital may be longer or in some cases shorter as a want to return home is more prominent that a want to get the help required. If people were to return home too early it could encourage people to say they are well when they are not and may decrease their safety in.the community during rehabilitation to society | 9/14/2017 7:31 AM  |
| 178 | 1. Not sensible move, already tough for people who are struggling, without being sent away from family and friends to unknown place 2. Implications for visitors - sometimes difficult to visit already but if moved to another city may become impossible 3. Patients become more isolated from friends and family   | 9/13/2017 9:56 PM  |
| 179 | What about people with mental health problems who live in Perthshire.   | 9/13/2017 8:42 PM  |
| 180 | Mental health patients, esp those in crisis, need daily support from family in order to progress. This is not going to be possible, esp for those with limited means, if travel to and from Dundee is needed. I live in Highland Perthshire, 90 mins from Murray Royal; fortunately I haven't had to be admitted for many years, but if I were to be, it would add an hour + to the journey time of my family visiting. Additionally, for many patients a gradual reintroduction to social interaction, shopping etc is needed. (including those being released from state hospitals) If this can be done in their local town, it makes it easier as it is more familiar. A day release pass from a Dundee hospital would be very confusing if you have no knowledge of Dundee. In the long term, this move would create more problems than it solves.                                      | 9/13/2017 10:04 AM |
| 181 | Distance & difficult for carers & friends to see patients.  | 9/13/2017 9:00 AM  |
| 182 | People with Mental Health problems should be treated as close to home as possible. Perth is a huge geographical area and people have to travel far enough already. Family and friends might not be able to visit them in Carseview.   | 9/12/2017 11:38 PM |
| 183 | If you read board minutes NHS Tayside have all ready decided. I would only wish for the modern ward to be kept open if they bring all the phyicatrists, nursing staff and required health & safety up to the national standards because as it stands you should be warned "enter at your own risk"  | 9/12/2017 8:24 PM  |
| 184 | It was hard enough to access services before they were centralised, let alone after moving them to Dundee. Perthshire takes in a large area and now ambulance and police services as well as relying on people's friends and family will have to take people that are already distressed mentally, through to Dundee rather than closer areas to be assessed. No crisis help apart from being directed through nhs24. Many situations could be delt with before bombarding Carsview with emergency appointments. Less beds will be available. It will isolate in patients, if family and friends have to travel longer distances to see loved ones  | 9/12/2017 7:43 PM  |
| 185 | Makes it very hard for other family members eg young mums with children or the carer who is looking the users children and elderly relatives  | 9/12/2017 5:13 PM  |

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| 186 | No.It is already difficult to get help with mental health problems in Perth and Kinross without now having to travel to Dundee. The Murray Royal also has a better track record for treating mental health problems than Carseview. How will people who are very unwell get to Carseview?  | 9/11/2017 8:52 PM  |
| 187 | Can/t understand the move when Murray Royal is a relatively new hospital. What will Moredun be used for afterwards? Are there any more wards to be moved under future policies? Can't help but think this move is the thin end of the wedge.   | 9/11/2017 7:31 PM  |
| 188 | Will definately cause distress to patients and service users.  | 9/11/2017 7:21 PM  |
| 189 | Local services are preferable.   | 9/11/2017 5:35 PM  |
| 190 | Having been an inpatient at both Moredun B and Carseview I know this is a terrible proposal. Moredun B increases the speed of my recovery with single rooms and en-suite facilities. Carseview is much more like a prison and would definitely increase the chances of me delaying treatment due to fear of admission. I'm literally scared at the thought of ever going back to Carseview. I know my illness indicators which always follow a period of mania and I would definitely seek early intervention if I thought I would be admitted to Moredun B. If I thought I could go to Carseview I would delay treatment and hence increase the chances of doing something really stupid and this includes suicide. By going through with this proposal you are literally going to cost lives in Tayside. | 9/11/2017 3:19 PM  |
| 191 | Absolutely not when people enter a mental Health ward they are distressed and confused but o some bright spark thinks it better to send them to Dundee wasn't the building of Murry Royal for to benefit local people of Perth and Kinross and key to modern approach to dealing with mental health Dundee is way behind in its care atleast 10yrs   | 9/11/2017 3:12 PM  |
| 192 | A lot of money has been spent building the new Murray Royal and services should be retained here for the people of Perth & Kinross and not farmed out to Caresview Centre in Dundee. NHS Tayside should be going all out to recruit and train staff to keep the acute ward open at Murray Royal. Centralising the acute mental beds at Carsewell will surely increase demand there and what happens if this unit cannot cope through time with the volume of admissions. Will they then have to look to employ more mental health staff or extend wards. Costing more money and also having the same problem they now say exists at Murray Royal.  | 9/11/2017 12:15 PM |
| 193 | I have been an inpatient in both units and the speed of recovery in Moredun B is far greater.I would be scared to seek treatment for a manic episode if I knew I was going to be admitted to Carseview.I would seek treatment early if the option was Moredun B.This could be the difference between life and death as I may end up taking my own life before getting the treatment required.  | 9/11/2017 11:48 AM |
| 194 | It is 140 miles from the west of the region to this facility. The facility has a bad reputation for making people unwell. The services are not local, and people who go there suffer.  | 9/11/2017 8:38 AM  |
| 195 | People with mental health problems need their care close to home so that friends and relatives can visit as this helps their recovery.   | 9/11/2017 1:28 AM  |
| 196 | Too far away from family and friends.  | 9/10/2017 10:53 PM |
| 197 | I think all areas should have access to clinics that deal in mental health issues.   | 9/10/2017 10:21 PM |
| 198 | I live in Kinloch Rannoch and its a tiresome journey in the back of an ambulance going to Dundee let alone Perth so I would not wish it on anyone.   | 9/10/2017 10:00 PM |
| 199 | I have used both the crisis team and inpatient and have had a chance to "test" the move to Dundee in a crisis which simply did not work. Ambulances and taxis to get there and back.   | 9/10/2017 6:01 PM  |
| 200 | I have to use public transport from my home in Kinross. Visitor issue as well.   | 9/9/2017 8:41 PM   |
| 201 | Each area needs their own in-patient services.   | 9/9/2017 7:08 PM   |
| 202 | Travel time and costs No reason for it to happen Will not save any money A ward is a ward Murray Royal was gifted to the people of Perthshire for mental health Some people will have to do a 100 mile round trip to visit a relative Brand new hospital st Murray Royal for mental health   | 9/9/2017 6:18 PM   |
| 203 | Never enough beds. Mental health issues on the increase. Staff at moredun provide an excellent service. Service users would have to travel too far for there care. It would be detriment to people ready to leave hospital . They would be less able to get time out and link in with support services before being discharged. People need support networks to help to recover and for some would make visiting very difficult and expensive.   | 9/9/2017 12:38 PM  |
| 204 | Potential for more suicides in perth Potential for not asking for help due to having to travel to di dee   | 9/9/2017 12:28 PM  |

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|-----|---|-------------------|
| 205 | People should be catered for within their local community not in an alien environment which would undoubtedly cause undue stress and possible reaction.   | 9/9/2017 10:38 AM |
| 206 | It is too far away for those in highland Perthshire and there aren't enough beds as it is, taking them to Dundee will undoubtedly lower this already unsatisfactory number.   | 9/9/2017 9:47 AM  |
| 207 | Visits to relatives in care can be really important for improving their wellness and I already live 30 mins away within Perthshire and moving the facilities to Dundee would stop the frequency of my visits to my family member. Distance/ time make a huge impact on how a family member can help support a patient.  | 9/9/2017 3:18 AM  |
| 208 | Difficult for people to get there especially from the rural areas uprooting of the staff financially implications less accessibility to local services  | 9/9/2017 1:39 AM  |
| 209 | People need to be as near to home as possible to assist in their recovery. Not helpful for someone wishing to visit their home for a short spell possibly with a nurse to sort out household things such as picking up mail, checking on their home and re adjusting to homelife by having frequent short visits while still in hospital. So important to have visitors often and that would be affected by the distance some people would need to travel.  | 9/8/2017 11:52 PM |
| 210 | Thanks build a good new hospital and people from all over Perth and have to travel to to Dundee an also being stressed at this, moment  | 9/8/2017 11:21 PM |
| 211 | Tayside is a huge region, people might receive less family visits due to money problems. Each area should have their own acute unit.  | 9/8/2017 10:32 PM |
| 212 | There is already a problem for people in Perthshire when looking for services and shortage and cuts in service. This is only going to exacerbate this. It is also so wrong on every level to expect people to have to be in hospitals so far away from their loved ones. This simply cannot be in a patient's best interest.  | 9/8/2017 10:23 PM |
| 213 | Grossly unfair for patients not to have local treatment. It will be a challenge for families to travel considerable distance to visit loved ones.   | 9/8/2017 10:21 PM |
| 214 | I know many people affected by mental health and Dundee is not an option for some. Perth claims to have a city status yet we are losing all our vital necessities in health care!   | 9/8/2017 9:57 PM  |
| 215 | It is recognised that people should be treated near to their families. The extra miles make visiting almost impossible for people from rural areas and impossible for those relying on public transport   | 9/8/2017 9:45 PM  |
| 216 | Perthshire is a large area and it's unfair to place people so far away from their support network when they're so ill   | 9/8/2017 9:44 PM  |
| 217 | Too far away from Perth & Kinross.  | 9/8/2017 9:39 PM  |
| 218 | Perth and Kinross covers a huge area and people already need to travel to Perth to go to Murray Royal. Further travel to Dundee is too much. Patients need familiarity and need family to be as near as possible and have access to visits. I think it is a disgrace, criminal even, to have spent all that money on building the new Murray Royal Hospital for a few years later to want to close Moredun Ward. Requiring patients to have to go to Dundee, in which I am lead to believe there will be less beds available. Just where will distressed people needing help go??? Because there is little to no support in the community. You do realise that suicides will increase? Maybe you really don't care because that is the message this proposal sends out. This proposal is ridiculous. People will suffer more and is a backwards step in the treatment of people who struggle with mental illness. Totally dismayed. But who cares, right? | 9/8/2017 9:14 PM  |
| 219 | It will be detrimental to people in need in the Perth area  | 9/8/2017 8:58 PM  |
| 220 | It is too far away for most patients to have to get to. Visitors are essential to recovery in the majority of cases. Quite often they are unable to travel to Carseview either due to difficulty with the distance that has to be covered or require too many changes of buses that it is logistically not feasible.  | 9/8/2017 6:11 PM  |

### Q4 How much confidence do you have in the NHS Tayside consultation process on the proposal?

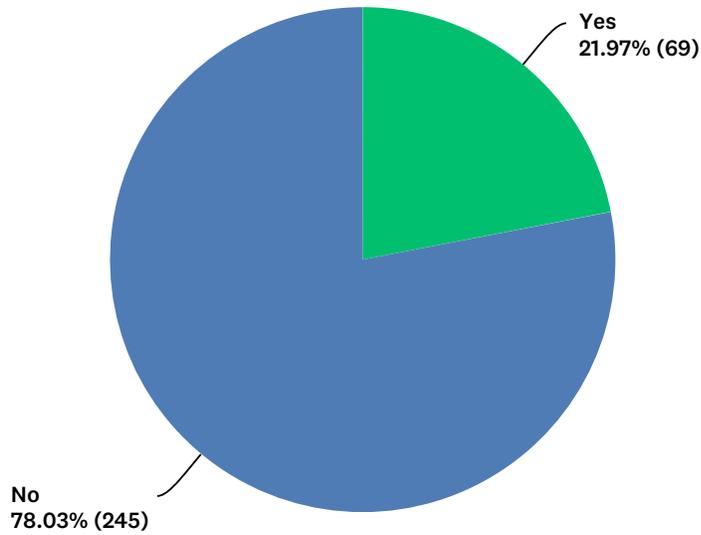
Answered: 312 Skipped: 7



| ANSWER CHOICES    | RESPONSES |            |
|-------------------|-----------|------------|
| Highly confident  | 0.96%     | 3          |
| confident         | 1.92%     | 6          |
| 50/50             | 19.23%    | 60         |
| Little confidence | 38.78%    | 121        |
| No Confidence     | 39.10%    | 122        |
| <b>TOTAL</b>      |           | <b>312</b> |

### Q5 Do you believe that giving your opinion to NHS Tayside via their consultation process will influence the outcome?

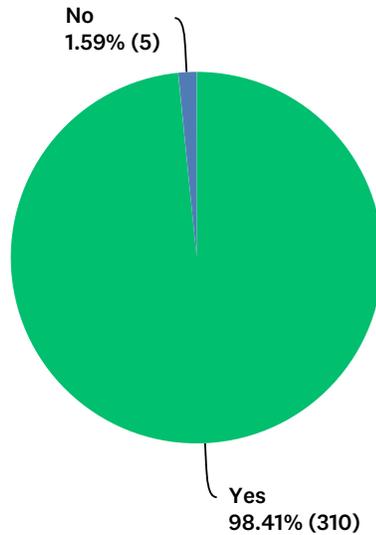
Answered: 314 Skipped: 5



| ANSWER CHOICES | RESPONSES |     |
|----------------|-----------|-----|
| Yes            | 21.97%    | 69  |
| No             | 78.03%    | 245 |
| TOTAL          |           | 314 |

## Q6 Do you agree that NHS Tayside Mental Health Services should be based locally to the service user?

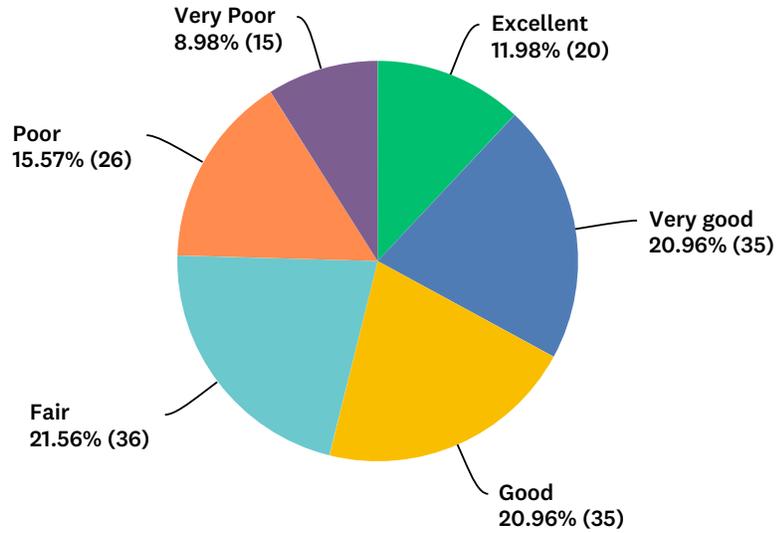
Answered: 315 Skipped: 4



| ANSWER CHOICES | RESPONSES |     |
|----------------|-----------|-----|
| Yes            | 98.41%    | 310 |
| No             | 1.59%     | 5   |
| TOTAL          |           | 315 |

### Q36 Overall, how would you rate the care you have received from NHS mental health services?

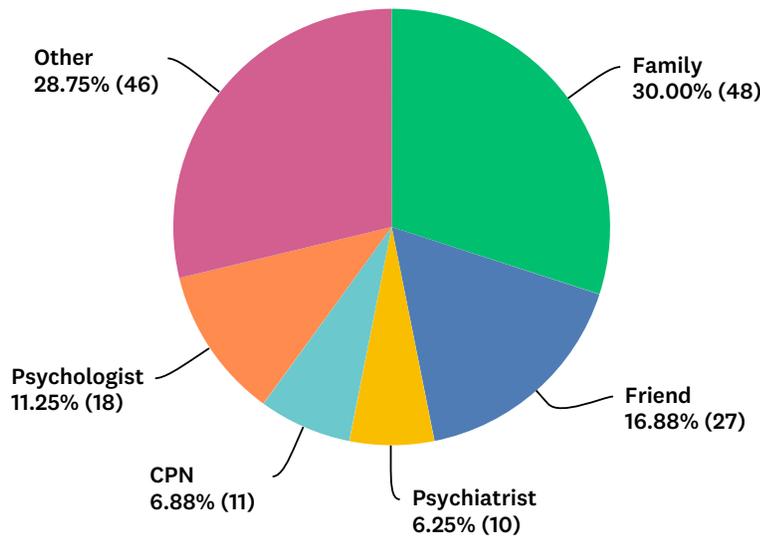
Answered: 167 Skipped: 152



| ANSWER CHOICES | RESPONSES |            |
|----------------|-----------|------------|
| Excellent      | 11.98%    | 20         |
| Very good      | 20.96%    | 35         |
| Good           | 20.96%    | 35         |
| Fair           | 21.56%    | 36         |
| Poor           | 15.57%    | 26         |
| Very Poor      | 8.98%     | 15         |
| <b>TOTAL</b>   |           | <b>167</b> |

### Q38 Who has helped you the most with your mental health challenges?

Answered: 160 Skipped: 159



| ANSWER CHOICES | RESPONSES |            |
|----------------|-----------|------------|
| Family         | 30.00%    | 48         |
| Friend         | 16.88%    | 27         |
| Psychiatrist   | 6.25%     | 10         |
| CPN            | 6.88%     | 11         |
| Psychologist   | 11.25%    | 18         |
| Social Worker  | 0.00%     | 0          |
| Other          | 28.75%    | 46         |
| <b>TOTAL</b>   |           | <b>160</b> |

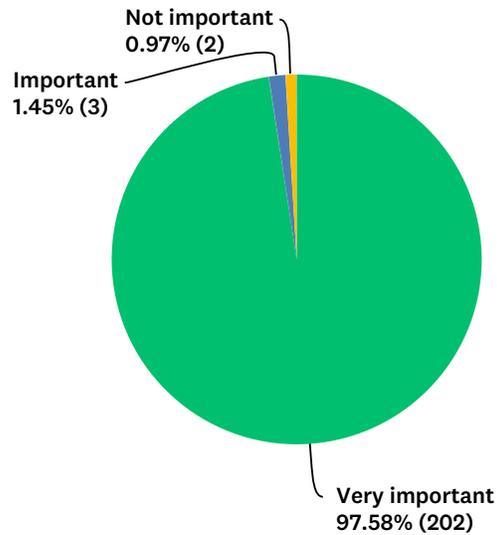
| # | OTHER (PLEASE SPECIFY)  | DATE               |
|---|---|--------------------|
| 1 | Myself and a private counsellor. Waiting list for a psychologist was far too long 18 months plus.   | 10/5/2017 10:55 PM |
| 2 | Myself! And some of the 'care' that has been available in the past - such as long term talking therapies, some appropriate behavioural activations and some individuals - 2 psychologists in particular - wh0 have interacted with me as the intelligent individual I am rather than seeing me solely as an 'illness'. (You tasked earlier if I had had my 'diagnosis' and my 'rights' explained to me - I have often found myself in the position of explaining these to staff - nursing staff in particular!) | 10/5/2017 4:58 PM  |
| 3 | Family, CPN, GP, MINDSPACE  | 10/5/2017 2:12 PM  |
| 4 | family, friend and CPN  | 10/5/2017 1:43 PM  |
| 5 | Friend and CPN  | 10/5/2017 1:16 PM  |
| 6 | Friend, Social Worker, the support of SAMH have helped me. I have been referred by my GP to a psychiatrist.   | 10/5/2017 1:04 PM  |
| 7 | Psychiatrist, Psychologist and CPN.   | 10/5/2017 12:52 PM |
| 8 | Family and Psychologist   | 10/5/2017 12:32 PM |
| 9 | Family and Murray Royal Hospital.   | 10/5/2017 12:11 PM |

|    |   |                    |
|----|---|--------------------|
| 10 | Family, Friend, CPN, Nurses in Murray Royal Hospital.   | 10/5/2017 11:50 AM |
| 11 | My psychiatrist put me with a Peer Support Worker and this was a turning point for me; to meet someone who had been through what I was going through and who came out the other end.  | 10/4/2017 6:08 PM  |
| 12 | Counsellor  | 10/4/2017 5:01 PM  |
| 13 | My GP   | 10/4/2017 1:25 PM  |
| 14 | GP and family   | 10/2/2017 4:15 PM  |
| 15 | Plus friends.   | 10/1/2017 9:43 PM  |
| 16 | My physiatrist helped me amazingly a lot and helped me with new coping strategies and techniques and also my partner helped me get through the rough days and nights but I had to stop my treatment due to major surgery on my shoulder ( shoulder fusion ) and have recently been referred back to my physiatrist.   | 9/29/2017 11:44 PM |
| 17 | Friends, family and GP in that order, in my case. Offered psychologist's input when mildly suicidal, but medication and family commitment was sufficient, in crisis, for me. For my brother, his suicide was the result of multiple failings by family, friends, his religious 'community' (Jehovah's witness wife and 'Elders'- which is effectively a closed cult), the medical profession - his wife had recently had a lifesaving abortion of a dead foetus. He had overwhelming pressures, his birth family were excluded from information by all of his daily contacts. A team meeting of health professionals at all levels and birth family relatives, life affirming visits from his young sons, protection from ward stimuli he found distasteful even in his 'sane' culture, would have saved his life. 4 quotes from him " One Flew INTO The Cuckoo's Nest"(He had seen the Jack Nicholson movie before his 'conversion'). "You Saved My Life, Rosie"(I assisted to get him sectioned - for his own 'safety') and "I just need a place to be mad for a while", "I don't want to be a shuffler" (A person, with whom he shared the ward, and feared/dreaded to become, who were effectively 'zombies'(living dead) from medication or their closed up condition. Our grandfather was incarcerated for 30 years until he died for having schizophrenia, and our uncle, his son,died from progressive and at that time, untreatable epilepsy in the same hospital. Only the birth family could have contributed that information for his 'back story', in time to help understanding of his plight.(Beimers vs NHS 1993-5) | 9/28/2017 7:39 AM  |
| 18 | Carers  | 9/27/2017 3:56 PM  |
| 19 | A very difficult question for me. Apart from a very brief period 3 years ago I have failed to respond positively to treatment over the last 10 years. Family has been my main source of 'courage' in my continuing despairing battle with mental ill health. For a very short period I made a little progress several years ago with the support of a psychologist - who then left her post.  | 9/26/2017 11:30 PM |
| 20 | CBT therapist   | 9/26/2017 10:07 PM |
| 21 | Dbt therapist   | 9/26/2017 10:04 PM |
| 22 | Partner   | 9/26/2017 8:53 PM  |
| 23 | mum   | 9/26/2017 7:13 PM  |
| 24 | Support workers and speaking to other sufferers   | 9/26/2017 6:30 PM  |
| 25 | GP + Insight + Friends + Family + Psycholgist   | 9/26/2017 1:11 PM  |
| 26 | Doctor  | 9/26/2017 12:07 PM |
| 27 | family and partner  | 9/26/2017 11:19 AM |
| 28 | Doctor  | 9/26/2017 8:56 AM  |
| 29 | Massive support from the under resourced team at Carseview  | 9/26/2017 8:32 AM  |
| 30 | The counsellor I was seeing with mind space while waiting on the NHS list. Really I wanted to continue with the counsellor at mind space, but there wasn't enough funding and I'd reached the top of the NHS waiting list. The room I saw her in was warm and comforting. she had different items to help with grounding and used different therapeutic technics that were appropriate to different things that came up during sessions. Where as the NHS psychologists office felt very cold, desolate and clinical.. And I felt the treatment was very ridged.  | 9/23/2017 12:17 PM |
| 31 | Support worker at Mind Space but that was over a year ago   | 9/22/2017 11:37 PM |
| 32 | I have had to contact the mental health team in Angus regarding participants who have accessed the team previously in my job. In regards to getting assistance for that member  | 9/22/2017 7:55 AM  |

|    |   |                    |
|----|---|--------------------|
| 33 | Myself. I did not receive any real help, even at my worst moments. I remember being 14 years old and told that I was not sad enough to receive any help and had one meeting with an NHS councillor and that was it. It completely ruined my outlook on ever getting help for my mental health issues. I have learnt to deal with everything by myself and that should not have been the solution. Everyone deserves help, no one should be left isolated and alone. | 9/21/2017 11:41 PM |
| 34 | Gp  | 9/21/2017 11:36 PM |
| 35 | gp  | 9/21/2017 11:12 PM |
| 36 | My local gp is very good but has limited time and resources   | 9/21/2017 11:01 PM |
| 37 | My private counsellor, my support worker from RASAC, and my GP has been the most helpful!   | 9/21/2017 10:43 PM |
| 38 | Mind space perth  | 9/21/2017 10:30 PM |
| 39 | My psychiatrist is very good and doesn't rush appointments and takes care with me. I do wonder though if this is because I have action against NHS Tayside and there verging on the side of caution . Would like to think it was genuin   | 9/21/2017 10:06 PM |
| 40 | Yes was a CPN.... But now a CLDN.   | 9/19/2017 4:54 PM  |
| 41 | New gp  | 9/17/2017 12:21 AM |
| 42 | My friends and the other patients who were in at the same time I was  | 9/16/2017 8:49 PM  |
| 43 | Psychiatrist when in Moredun plus CPN.  | 9/15/2017 4:00 PM  |
| 44 | Nursing staff   | 9/14/2017 10:26 PM |
| 45 | Occupational tgerapist  | 9/14/2017 12:52 PM |
| 46 | social care officer from perth and kinross council  | 9/14/2017 12:26 PM |
| 47 | GP and OHSAS  | 9/13/2017 10:26 PM |
| 48 | My CPN, family, psychotherapy and EMDR therapy have all helped greatly.   | 9/11/2017 7:25 PM  |
| 49 | Patients that have gone through similar experiences and God.  | 9/11/2017 3:24 PM  |
| 50 | Counciling at mindspace   | 9/11/2017 3:19 PM  |
| 51 | I received counselling from NHS in England and found this was most helpful with regard to my recovery.  | 9/11/2017 12:28 PM |
| 52 | Patients that were in the ward going through the same thing and could understand fully what it is like to live with a mental health problem.  | 9/11/2017 11:58 AM |
| 53 | ALL the staff at Moredun Murray Royal Hospital, for which I am always grateful.   | 9/10/2017 10:46 PM |
| 54 | Psychiatrist, CPN and Social Worker.  | 9/10/2017 10:06 PM |
| 55 | Crisis team   | 9/10/2017 6:06 PM  |
| 56 | CPN & Social Worker.  | 9/9/2017 8:49 PM   |
| 57 | Myself you either sink or swim there is not any help now lack of places to go the services don't help your condition negativity no one to turn to lack of talking therapy long waiting times for counselling  | 9/9/2017 1:55 AM   |
| 58 | Family psychiatrist and cpn all helped  | 9/8/2017 9:42 PM   |
| 59 | Myself through reading and reflective writing.  | 9/8/2017 9:40 PM   |
| 60 | My dog has kept me alive.   | 9/8/2017 9:33 PM   |
| 61 | It changes throughout the illness. It works as a team. Psychiatrist, psychologist, CPN, family also myself.   | 9/8/2017 6:22 PM   |

### Q48 How important do you feel it is to have support locally for crisis/emotional distress?

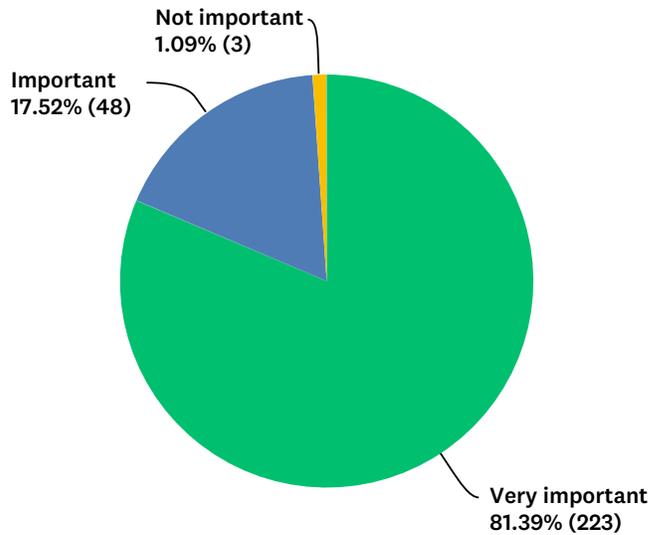
Answered: 207 Skipped: 112



| ANSWER CHOICES | RESPONSES |     |
|----------------|-----------|-----|
| Very important | 97.58%    | 202 |
| Important      | 1.45%     | 3   |
| Not important  | 0.97%     | 2   |
| TOTAL          |           | 207 |

### Q49 How important for your general mental health and wellbeing do you rate your house and surroundings?

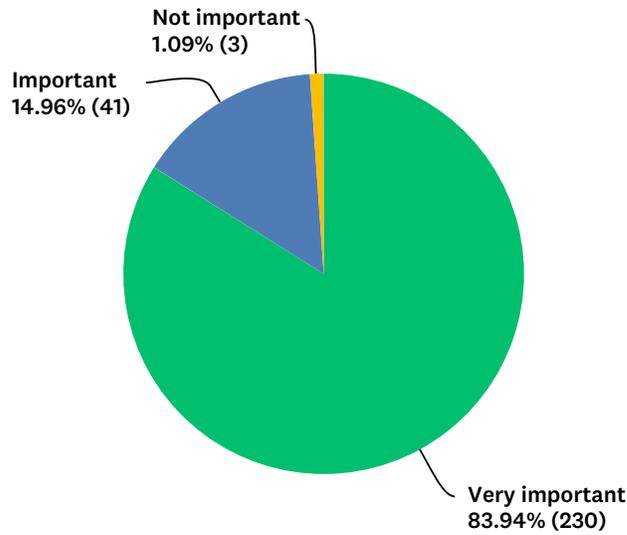
Answered: 274 Skipped: 45



| ANSWER CHOICES | RESPONSES |     |
|----------------|-----------|-----|
| Very important | 81.39%    | 223 |
| Important      | 17.52%    | 48  |
| Not important  | 1.09%     | 3   |
| TOTAL          |           | 274 |

## Q51 How important for your general mental health and wellbeing do you rate friends and relationships?

Answered: 274 Skipped: 45



| ANSWER CHOICES | RESPONSES |     |
|----------------|-----------|-----|
| Very important | 83.94%    | 230 |
| Important      | 14.96%    | 41  |
| Not important  | 1.09%     | 3   |
| TOTAL          |           | 274 |